



# 2026 XCEL GOLD-SAPPHIRE REGIONAL CHAMPIONSHIPS

## COMPETITION SCHEDULE

THURSDAY, APRIL 23, 2026

### **SESSION 1A**

## **DIAMOND**

*Senior D*

## **SAPPHIRE**

*Junior & Senior*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Awards	5:20 PM

### **SESSION 1B**

## **PLATINUM**

*Child 1*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Awards	6:00 PM

### **SESSION 2A**

## **DIAMOND**

*Senior A, Senior B,  
Senior C*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Awards	9:10 PM

### **SESSION 2B**

## **PLATINUM**

*Senior 3*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Awards	9:30 PM



# 2026 XCEL GOLD-SAPPHIRE REGIONAL CHAMPIONSHIPS

## COMPETITION SCHEDULE

FRIDAY, APRIL 24, 2026

### **SESSION 3A** **DIAMOND**

*Junior A, Junior B,  
Junior C*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Awards	10:40 AM

### **SESSION 3B** **GOLD**

*Child 1*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Awards	11:20 AM

### **SESSION 4A** **DIAMOND**

*Child D, Child E, Child F*

General Stretch	11:30 AM
Introductions	11:50 AM
Timed Warm Up	12:00 PM
Awards	2:10 PM

### **SESSION 4B** **GOLD**

*Child 2*

General Stretch	11:30 AM
Introductions	11:50 AM
Timed Warm Up	12:00 PM
Awards	2:50 PM



# 2026 XCEL GOLD-SAPPHIRE REGIONAL CHAMPIONSHIPS

## COMPETITION SCHEDULE

FRIDAY, APRIL 24, 2026

### **SESSION 5A** **DIAMOND**

*Child A, Child B, Child C*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Awards	5:40 PM

### **SESSION 5B** **GOLD**

*Child 3*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Awards	6:20 PM

### **SESSION 6A** **PLATINUM**

*Senior 2*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Awards	9:35 PM

### **SESSION 6B** **GOLD**

*Child 4*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Awards	9:50 PM



# 2026 XCEL GOLD-SAPPHIRE REGIONAL CHAMPIONSHIPS

## COMPETITION SCHEDULE

SATURDAY, APRIL 25, 2026

### **SESSION 7A** **PLATINUM** *Senior 1*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Awards	10:40 AM

### **SESSION 7B** **GOLD** *Junior 1*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Awards	11:20 AM

### **SESSION 8A** **PLATINUM** *Junior 4*

General Stretch	11:30 AM
Introductions	11:50 AM
Timed Warm Up	12:00 PM
Awards	2:35 PM

### **SESSION 8B** **GOLD** *Junior 2*

General Stretch	11:30 AM
Introductions	11:50 AM
Timed Warm Up	12:00 PM
Awards	2:55 PM



# 2026 XCEL GOLD-SAPPHIRE REGIONAL CHAMPIONSHIPS

## COMPETITION SCHEDULE

SATURDAY, APRIL 25, 2026

### **SESSION 9A** **PLATINUM** *Junior 3*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Awards	6:05 PM

### **SESSION 9B** **GOLD** *Junior 3*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Awards	6:20 PM

### **SESSION 10A** **PLATINUM** *Junior 2*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Awards	9:40 PM

### **SESSION 10B** **GOLD** *Senior 1*

General Stretch	6:30 PM
Introductions	6:50 PM
Timed Warm Up	7:00 PM
Awards	9:50 PM



# 2026 XCEL GOLD-SAPPHIRE REGIONAL CHAMPIONSHIPS

## COMPETITION SCHEDULE

SUNDAY, APRIL 26, 2026

### **SESSION 11A** **PLATINUM** *Junior 1*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Awards	11:00 AM

### **SESSION 11B** **GOLD** *Senior 2*

General Stretch	8:00 AM
Introductions	8:20 AM
Timed Warm Up	8:30 AM
Awards	11:20 AM

### **SESSION 12A** **PLATINUM** *Child 3*

General Stretch	11:30 AM
Introductions	11:50 AM
Timed Warm Up	12:00 PM
Awards	2:30 PM

### **SESSION 12B** **GOLD** *Senior 3*

General Stretch	11:30 AM
Introductions	11:50 AM
Timed Warm Up	12:00 PM
Awards	2:55 PM



# 2026 XCEL GOLD-SAPPHIRE REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

SUNDAY, APRIL 26, 2026

**SESSION 13A**  
**PLATINUM**  
*Child 2*

General Stretch	3:00 PM
Introductions	3:20 PM
Timed Warm Up	3:30 PM
Awards	6:00 PM